



VETERAN PEER SUPPORT GROUP

**Every 1st and 3rd Thursday of the
Month Beginning Sept 7, 2017
6:00 pm – 8:00 pm**

Thurman Brisben Center
471 Central Rd, Fredericksburg Va. 22401

Veteran Peer Support Groups are facilitated by veterans and designed to address the needs of Veterans, National Guard and Reservists by providing a relaxed and confidential environment to share post military and transitional experiences with other veterans.

In a peer-to-peer format, the groups strive to support one another in improving self-reliance and self-advocacy, and encouraging veterans in their pursuit of wellness.

For more information, contact: **Anthony Swann @ 540-840-3003**